

Wellbeing Event



On 4th March several of our Committee members accepted an invitation to take part in a Community Wellbeing Day at Padiham Town Hall. We were quite surprised to see the ballroom was full of displays which included Burnley Football Club in the Community, Burnley Leisure Trust, C.V.S., Age UK, Lancashire Adult Learning and several other organisations.

Information was given about courses including horticulture, first aid, art and singing, volunteering, healthy microwave cooking and there were even health checks.

Padiham Community Choir performed and there was a demonstration of chair drumming! We were concerned as we hadn't seen any publicity about the event but we were kept busy with enquiries about our organisation,

which many people had never heard of, and gave out almost 100 of our new leaflets.

We even met Lord Shuttleworth (pictured with Margaret Bushby) as he showed interest in our stand. We had an interesting and enjoyable day, meeting lots of local people, learning about the services available and spreading the word about our U3A.

Deadline date for submissions for the April newsletter is Wednesday 15 April

Monthly Open Meetings are held at the Nazareth Unitarian Chapel, Padiham, BB12 8JH at 2:30 pm on the 4th Thursday in the month (except December). Visitors welcome at a charge of £2.

26 March —Dennis Atherton “The Birds of Gambia”

23 April —Burnley Civic Trust Heritage Collection

28 May —The Manchester Ship Canal

25 June – Harold Hogarth—Respectable Rebels

Chair
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Vice Chair
Stuart Thorn

Secretary
Margaret Bushby

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Group Tea Rota

March 2020

Photography

April 2020

Quiz

May 2020

Science

June 2020

Scrabble and

Intermediate Spanish

July 2020

Singing for pleasure

August 2020

Ukelele

September 2020

Walking

NOTES FROM THE CHAIR



Our Newsletter has been prepared earlier this month than in previous issues so it might be that some of my “thoughts” have been superseded by updates. I am, of course, making reference to the coronavirus threat. Writing this today I have no idea as to how the virus might be making an impact locally at the time of printing. The safety and well-being of all our members and their families is of paramount importance.

Currently we are following the advice given to us from the U3A Chief Executive Office. This has been distributed by e-mail. If the local situation changes it is possible group meetings and the Monthly Meeting could be cancelled. We will keep you informed if that situation arises. Currently the March Meeting is on Thursday March 26th at 2:30 and the April Meeting will be held on Thursday April 23rd. As this is our Annual General Meeting it will start at 2 p.m.

Last month Rachel Pollit was our speaker and she has informed us that the fee she received has been donated to Gawthorpe Hall for purchasing materials for re-displaying a bed in one of the rooms of the hall. She sends her thanks and says the extra money has come in very handy.

Recently there was a Wellbeing Fair held at Padiham Town Hall. The event was well attended and we had a “stall”. Lots of people showed interest in our association. Also in March some of the committee should be attending the U3A Area Cluster Meeting in Longridge.

I do hope we have a calm and illness free month.

My thought for the month:

“The things that come to those who wait, may be the things left, by those who got there first!”

With very best wishes,

Terry Ferguson

Architecture: Wednesday March 25th meeting at 2.00 pm in the Unitarian Chapel. Dr Stephen Dixon will give a talk about reinstating railway lines which were axed by the Beeching report. On **Wednesday 22nd April** David Smith will give a talk about the best railway stations in the North West.

Board and Card Games: Our meetings take place once a month on a variable Thursday at 2 o'clock. If you would like to join us do please ring Maureen Smith and see if we have room for you, as space dictates the numbers able to attend. More details are available on our web site.

Board and Card Games 2: Meets fortnightly on Fridays at Padiham Road Methodist Church, Ightenhill, Burnley, from 1.30 pm-3.30 pm (changed from 1-3pm). Next meetings ~ **April 3, April 17**—Contact Jeff & Hazel Humphreys.

Book Group: Meeting on third Mondays - at Padiham Unity Centre, 10 am. New members welcome. Contact David Venn.

Contract Bridge: We will meet on Wednesdays 8th and 22nd April at 2.00 pm. Experienced players and beginners welcome. As we meet in members' homes please ring for details. Contact Margaret Bushby

Craft Workshop: Meets on the First and Third Thursdays. Next meetings - **Thursdays March 18th and April 2nd** where Pat Ferguson will lead "Show and Tell with Fabrics" 10-12 noon in the Higham Village Hall with a charge of £2 for each member per session.

Exploring Poetry Together: Thursday 9th April. Ted Fraser will introduce a selection of his own poems at Coal Clough Library Burnley BB11 4NW 10am to 11.30 am.

English Folk Dancing: Meet in Higham Village Hall at 2.00pm on **Thursday 2nd April and Tuesday 21st April.** Everyone welcome Everyone welcome, you don't need a partner and transport is available from Padiham if needed please ring Eric.

French Conversation: Meet on **1st and 3rd Tuesdays** 1.00 pm -3.00 pm Padiham Rd Methodist church, Ightenhill Burnley. Contact David Wilson

German Pre-intermediate Group meets on the **2nd and 4th Tuesday** of each month from 1:00pm - 3:00pm in the downstairs room at Burnley library.

Handbell Ringing: will meet at St. Leonards Church, Padiham, on **Wednesdays, 1st, 15th and 29th April** between 2.00pm - 3.30pm. Please contact Valerie Widdas if you are **unable** to attend any sessions, to ensure there will be enough ringers on the day.

History: Next meeting: **1st Thursday in April** a talk by Brenda Hyman "Locally Supernatural" we meet in the Unity Centre, Padiham Unitarian Church Padiham 10.30 to 12.00am. All welcome.

Indoor Bowls: Meets **Thursdays April 2nd and Thursday April 16th** at the Methodist Church, Padiham Rd, Burnley, 10.00 am to 12 Noon. £3.00 session.

Italian: Meetings on **25th March** meet at Aldo' s on Bank Parade Burnley near the Post Office sorting depot. We will meet on **Wednesdays April 8th and 22nd** at Padiham Methodist Church on Padiham Road at 2pm. Anyone who knows some Italian or is keen to learn would be made very welcome.

Latin: Meets **Mondays, 23rd March and 13 April** at 2.00 pm at 9 Osborne Grove, 367 Colne Road, Burnley BB10 2LB.

Local History: Tuesday 24th March. Sources for local history. **Tuesday 14th April.** Please bring an object with a history and tell us about it. **Tuesday 28th April.** Talk by Denise North: The boys of Leith (remembering a forgotten battalion). We meet in the Hameldon Room, Padiham Unity Centre 10 am to 12 noon.

Luncheon Club: Next meeting: **Friday 17th April.** 12 for 12.30 at the Crown Hotel, Colne. To reserve a place please ring Joan Price.

Music Appreciation: Next meeting Thursday, 16th April, at 10.30 in the Community Centre, Middlesex Avenue, Burnley, when we will be listening to a Musical Miscellany. Everyone welcome.

Outings: Tuesday 21st April. Interior and Exterior Guided Tour of Towneley Hall, followed by afternoon tea in the beautiful Regency Room. **Meet at 1pm. £15. This Outing is now open to Guests.** contact Sandra Thompson **Tuesday 12th May.** Manchester City Canal Cruise. Departs from Castlefields at 12pm. (Own transport to Manchester.) Sail to Salford Quays with a 3 course lunch on board. Free time in Salford Quays to explore the Lowry Centre, Lowry Outlet Mall or the Imperial War Museum. £24 to include a 3 course lunch and tea/coffee. contact Christine Storey. For both trips, pay at the Outings' Table or, by cheque payable to Burnley & District U3A and send to Melinda Jackson, 30 Avenue Parade, Accrington, BB5 6PJ

Painting For Pleasure: Meets at 10.00 a.m. on the first and third Monday of each month at Padiham Road Methodist Church, Ightenhill, Burnley. Currently fully subscribed. Please ring Pat Ferguson for information re-waiting list.

Philosophy: Next meeting will be on **Tuesday 17th March**, 10 am at Padiham Methodist Church Centre. Topic will be Science, top of page 132, Nigel Warburton's "Philosophy: the basics", 5th edition. All welcome. Contact: Val Moreland.

Photography: Next meeting **Friday 10th April at 2:00 pm** in the Hameldon Room at the Unity Centre. Our topic will be "Fences and Walls" (you can include Gates, too). For more information contact Peter Hartley or Stuart Chattle, or just come along to our meeting.

Quiz: Monday 20th April at 2:00pm to 4:00pm at Padiham Road Methodist Church Burnley.

Science: Next Meeting - Tuesday 7th April, Galileo Documentary "The Earth Spins", 2 pm to 4 pm at Burnley Central Library. Contact Brian Pomfret.

Scrabble: Will meet on **alternate Wednesdays in April on 1st, 15th and 29th** at Burnley Central Library at 2pm.

Singing For Pleasure: Next meeting: **Wednesday 22nd April 11-00 am** at Nazareth Unitarian Chapel Padiham

SPANISH

Spanish 1: Meet on **first and third Tuesdays of the month** at 10-00 am to 12 noon in the quiet room at Burnley Library

Intermediate Spanish: The Intermediate Spanish group will meet only on Friday, 24th April between 10.00am - 12.00. There will be no meeting on Good Friday. For any further details please contact Gil Beeke.

Beginners Spanish - Year 2: Meet from 10 to 12 noon on the **second and fourth Tuesdays of the month** in the downstairs meeting room at Burnley Central Library.

Ukulele: Meets 1st and 3rd Fridays, 10:00am, Padiham Road Methodist Church, Ightenhill, Burnley.

Walking Group: April 3rd. Meet at 10.30am at the Carpark (signposted off the A680 road Clayton to Whalley) near to Hyndburn Bridge - map available at meeting. The walk is an easy 6-7 mile, mainly tracks, but boots or strong shoes needed. Bring lunch. Leaders Christine Elder and Jean Fitzpatrick. **April 17th.** Meet at Pendle Heritage Centre Carpark (Pay and Display) Barrowford, @ 10-30 am for a 4-5mile easy walk. Leader Julie Sparks